

Overeaters Anonymous Silicon Valley Intergroup (OASV IG)

February 3, 2026 Meeting Minutes

Participants

Victoria, Rick V, Frank H, Judith, Francine B, Julie T, Stephanie F

Non-voting Visitor: David M

Absent (but mentioned): Scott

Opening & Quorum

Meeting opened by Victoria (first meeting as Chair). Serenity Prayer, Step 2, and Tradition 2 were read. (Concepts were requested for use in future meetings.) A quorum was confirmed.

Prior meeting minutes were approved as read (motion made by Victoria; approved by unanimous consent, no count taken).

Reports

Chair - Victoria

- First meeting as Chair; asked for patience during the transition and committed to sending agendas earlier (goal: one week prior, and again the night before).

Treasurer - Stephanie (for Scott)

- Stephanie presented Scott's Treasurer materials. Income sources reviewed (7th tradition checks and PayPal).
- Expense noted: Post Office Box rental fee. (Other items discussed as appearing in February, including a \$100 reimbursement item.)

Region 2 / World Service – Judith

- Region 2 Winter Convention (virtual): 27 attendees representing California, Mexico, and Hawaii; reported ~69.2% intergroup attendance. IGOR committee discussed support needs for Mexico Intergroup (technology support and connection to U.S. in-person meetings).
- Elections reported: Region 2 Secretary (from Mexico Intergroup; name to be confirmed) and a board/trustee position (Michelle to be confirmed by the board).
- Meeting trends shared: virtual meetings increased (289 → 363) and in-person meetings decreased (25 → 24).
- Region 2 finances: ~\$1,750 in 7th tradition contributions since July; significant hotel penalties discussed (~\$20,000 for July convention shortfalls, and ~\$19,000 related to a canceled in-person March convention), partly offset by a \$10,000 donation. Discussion raised about whether future events should be virtual/hybrid and whether hotels are the best venue.
- Dates/reminders: Unity Day (OA.org) February 28; Judith must submit Intergroup's WSB Conference input by February 19.
- World Service: Intergroup Outreach Committee meeting monthly; March workshop planned on attracting and retaining newcomers (flyer to be shared when available).

Workshops / Events – Julie

- Proposed workshop: "Sponsorship — Find one, be one, change one" (2-hour online workshop with a four-speaker panel, Q&A, and reflection time). Goal: create a reusable workshop template and share with other intergroups.
- Needed from Intergroup: Zoom room and a way to track 7th tradition contributions related to the workshop. Suggestions included directing contributions via the website with a note/comment, or attributing contributions received on the workshop day to the workshop.

Web Admin / Website – Francine

- Website traffic improving after prior declines; issues traced to outages involving GoDaddy hosting and AWS disruptions.

- Meeting Guide platform: non-AA versions (used on OASV WordPress site) have not been updated and may show intermittent meeting listing problems (e.g., missing meetings or inconsistent in-person/Zoom indicators). Francine connected Tim (web developer) with Josh (Meeting Guide author) to pursue a fix. Members were encouraged to bookmark meetings or keep meeting details separately in case listings temporarily fail.
- Site stats shared: ~22,900 visits in January; most popular searches included “OA 90 day” and “OA Convention”; ~35 pages receiving “first impressions.”
- Newsletter: delayed due to website workload; Francine plans to send a newsletter in February and noted four blog posts are queued.
- Volunteer need: Francine requested an alternate helper for website support to reduce single-point dependency.

Helpline/Newcomers – Frank

- Reported receiving a few legitimate OA calls per month; many calls are spam. Suggested this item could be removed from future agendas as a standing report if desired.
- Sponsor list request discussed; OASV IG does not maintain a sponsor list (Patty maintains a temporary sponsor list).

Motions & Votes

- 1) Approval of prior meeting minutes — Approved as read (unanimous consent; no count taken).
- 2) Workshop approval (Julie’s Sponsorship Workshop proposal) — Motion: Judith; Second: Francine; Result: Passed unanimously (no count taken).
- 3) Extend meeting to allow remaining reports (to hear Francine’s report) — Motion: Judith; Second: Frank; Result: Passed by acclamation/unanimous consent (no count taken).

WSBC 2026 Pre-Conference Group Conscience (Judith led votes on whether items should be submitted for consideration at the World Service Business Conference)

Note: Many votes were taken by raised hands; where exact counts were not clearly stated in the recording, results are listed as “passed (unanimous/no count).”

Bylaw Amendments

- A1: Use “service bodies” terminology instead of “service boards” — Passed unanimously (no count taken).
- A2: Allow groups to change “God/he/him/His/Himself” wording as appropriate in meetings — For: 4; Against/Abstain: 3 (7 voting members noted).
- A3: Align wording of Fifth Tradition and OA Preamble to include “all who suffer from our disease” — Passed (count not clearly stated; chair indicated a majority).
- A5: Require changes to Steps/Traditions be approved by 50% of all intergroups — For: 4; Against/Abstain: 3 (7 voting members noted; chair initially said “fails,” then counted 4 in favor and proceeded.)
- A6: Eliminate Bylaws Committee as a regular conference committee (simplify structure) — Passed (count not clearly stated; chair referenced 7 hands).
- A7: Expand who may serve as an alternate (qualified trusted servants) — Passed (count not clearly stated; chair referenced 7 votes).

New Business Motions / Policy Items

- B1: Add gender-neutral language in World Service policy (e.g., chairperson) — Passed (no count taken).
- B2: Designate the Plain Language Big Book as conference-approved literature — For: 8; Against: 0 (count stated as 8 yes).
- B3: Combine certain conference financial reporting policies into a single clearer policy — Passed (chair referenced 7 yes).
- B4: Rename “telephone tool” to “outreach tools” — Passed (chair referenced 7 yes).
- B5: Change “compulsive overeating” to “compulsive eating” in OA Preamble to include restrictors/anorexics — Passed unanimously (no count taken).

- B6: Allow service group contact persons to grant permission to be contacted via email (using service addresses) — Passed (no count taken).
- B7: Delegates may opt out of distributing contact information in the final WSBC report — Passed (no count taken).
- B8: Allow OA meetings/events to close with additional options (e.g., Step 7 Prayer, Serenity Statement, or “I Put My Hand in Yours”) — Passed (no count taken).
- B9: Add the Serenity Statement as a secular closing option for OA events — Passed (no count taken).
- B10: Establish “ethnically Jewish” as a valid specific-focus category — Passed (no count taken).
- B11: Establish a recurring virtual retreat every two years — Passed unanimously (no count taken).
- B12: Include the Plain Language Big Book in OA-approved literature — Passed unanimously (no count taken).

Additional Discussion / Action Items

- Website/Meeting listings: Encourage members to bookmark meetings due to intermittent Meeting Guide issues; Francine and Tim to continue work with Meeting Guide author Josh on a fix.
- Newsletter: Francine to aim to publish a February newsletter; blog posts in queue.
- Workshop planning: Recruit volunteers for sponsorship workshop roles (Zoom host/security, timekeeper, speakers) and choose a March date when team availability is known.
- Sponsorship resources: Consider whether OASV IG should revisit maintaining a sponsor list in the future; Patty maintains temporary sponsor contacts.

Closing

Meeting closed with the OA promise “I Put My Hand in Yours.” Next meeting announced for March 3, 2026.