February 1, 2022

7:15-8:15 PM

Join Overeaters Anonymous Silicon Valley Zoom Meeting

https://us02web.zoom.us/j/84041854878?pwd=U3ZidVUxZ1dtc2syRjZBcHhQMzBCdz09

or

Dial by your location +1 408 638 0968 US (San Jose)

Meeting ID: 840 4185 4878 Password: 700006

**Opening:** Serenity Prayer, Statement of Purpose, Step of the Month, Tradition of the Month, Concept of the Month, Voting Policy, and Introductions

**Members Present: 11** 

Approval of December Minutes: Approved as amended to include income and expenditure

details for 2021

Chair: Salle Vice Chair:

Treasurer: Bruce G:

Starting Cash \$ 9,867.46

Group Donations \$ 1,601.05 (\$1,028.74 group, \$408.31 PayPal, \$100.00 workshop,

\$70.00 individuals)

Expenses \$200 (\$200 monthly web maintenance)

Ending Balance \$9,967.46

Public Information/Outreach: Lead for this committee still needed.

**Region 2:** Terry had no report.

**World Service:** Conference is going to be completely online. Note that there are no travel expenses so people encouraged to attend. This is a considerable savings from the past.

**Website:** Open, actively looking for someone willing to learn WordPress and be assistant webmaster to back up Francine.

Please see Francine's Analysis of Website Ranking Report distributed on 1-31-22:

Highlights shared by Francine at the meeting are these:

- New site is only 9 months old and daily traffic has more than doubled, some days over 1000 have visited in a day.
- Home page is the most popular and has so much content.
- "Getting started" and prayer pages are also very popular.
- We are ranked first for a great many search terms relating to overeating San Jose, stop overeating, among others.
- Meeting cards (descriptors) being revised to include common language phrasing that will link more easily to searches.
- Looking to have the phrase "compulsive overeater" automatically link to OA page.

### February 1, 2022

### 7:15-8:15 PM

Join Overeaters Anonymous Silicon Valley Zoom Meeting

https://us02web.zoom.us/j/84041854878?pwd=U3ZidVUxZ1dtc2syRjZBcHhQMzBCdz09

or

Dial by your location +1 408 638 0968 US (San Jose)

Meeting ID: 840 4185 4878 Password: 700006

- Planning to have a Spanish language web page and Francine will be looking to have someone associated with Spanish language OA groups review that page for translation accuracy.
- Meeting podcasts are on the Google drive.
- Really hoping to have someone volunteer for blog editor.

**Temporary Sponsorship:** The position of chair is still open. This person should attend multiple meetings and get to know people with long-term abstinence.

**Activities:** February 12 workshop is coming up, "Working Step 10." It's still on the schedule and security for it looks good.

**Mail:** Mernoosh reported that price of PO Box has been raised from \$130 per year to \$166 per year.

**Newcomers:** Francine received 4 phone calls. Frank stated perhaps believes he received one or two contacts in the past month (email/voice mail)

**Email List**: Carey announced there are now 800 subscribers to the email list and she will put out the newsletter early in the month as well as a link to Francine's website analysis document.

**12 Step Within:** On Wednesday 2/12, remember to make outreach calls to people we have not seen for a while.

### **OLD BUSINESS**

- 1. Security (Zoom bombing): Zoom bombing is down dramatically. There have been no disrupters for a month thanks to the waiting room feature. As of January Frank can sign into Zoom and view all accounts owned by OASV simultaneously which greatly enhances his ability to manage all Zoom accounts. Currently there is no one working with Frank who knows all of the passwords and other details. Frank is documenting the details and would welcome someone to work with him as a back up.
  - Elizabeth noted that there are trainings offered by a woman in San Diego for optimizing Zoom use (with security in mind). These trainings will expire shortly but information was shared for anyone wanting to attend in the next few days. Those who attended found it high value. Carey will put information in the newsletter.
- PayPal Giving Fund: Upon investigation Frank revealed there is this option for our organization because it falls under the category of public service. Funds accrue and monthly get transferred to the organization's bank account without fees (1.5% savings). A designation needs to be made and there was a volunteer to read more about it and discuss and decide next month.
- 3. **Virtual Region Convention:** February 18-20. Terry will be attending as our representative, anyone can attend. It's online and recommended. Information is on oa.org.

February 1, 2022

7:15-8:15 PM

Join Overeaters Anonymous Silicon Valley Zoom Meeting

https://us02web.zoom.us/j/84041854878?pwd=U3ZidVUxZ1dtc2syRjZBcHhQMzBCdz09

or

Dial by your location +1 408 638 0968 US (San Jose)

Meeting ID: 840 4185 4878 Password: 700006

### **NEW BUSINESS**

- 1. **Zoom Trainings Hosted by oasandiego.org:** Hosting basics (1 hour) will be presented 3 times during the month of February- spread the word. Free. Feb 21, 24, 26.
- 2. **WSO Voting:** Pattie as the WSO rep received an email with 27 possible topics to be addressed at the convention. Each Intergroup is asked to review the items and select those you consider most important. (Example is should OA World Service return to the Federal Government monies given during Covid to stay afloat?)
  - There are 5 members committed to reviewing the list of proposed topics. Salle will join as a 6<sup>th</sup> reviewer (non-voting).
- 3. **WSO Attendance:** Convention is going to be virtual and Patty agrees to concede to someone else to attend in her place since there is no travel involved. Patty encouraged any and all interested fellows to register and represent OASV due to her experience and knowledge.
- 4. **Volunteers out of Area**: All are welcome to attend to learn about open positions including those on committees instead of or in addition to serving as an Intergroup representative for a meeting.
- Question about screen sharing Big Book: It is copyrighted and should not be screen shared.
- 6. **Updates to meetings online:** Mernoosh didn't see accurate meeting information for one meeting online. Francine will verify that updates to the meeting cards are or will be posted.

**Open Service Positions:** To express interest or learn more, attend an Intergroup meeting on the first Tuesday of the month, 7:15 pm. The next meeting, on March 1, will be via Zoom. See Francine's doc for description.

- Vice Chair
- R2 Representative
- <u>Temporary Sponsorship</u> Matching: Respond to telephone requests for temporary sponsors and find someone to match individual requests. Sponsor list at meeting level.
- <u>Website Master.</u> Communicate requested changes to the website to the website service (Sure Exposure) provider. Track provider's time commitment and prioritize updates.
- Speaker List.
- Workshop coordinator
- <u>Promotions/Marketing Coordinator.</u> Help carry the message about Workshops and other activities through various methods and media.
- PI/PO chair will be open; Francine stepping down. Content about the position on the website.

# February 1, 2022

7:15-8:15 PM

# Join Overeaters Anonymous Silicon Valley Zoom Meeting

https://us02web.zoom.us/j/84041854878?pwd=U3ZidVUxZ1dtc2syRjZBcHhQMzBCdz09

or

Dial by your location +1 408 638 0968 US (San Jose)

Meeting ID: 840 4185 4878 Password: 700006

Attracting service volunteers: Job descriptions on the website.

Closing: "I put my hand in yours..."

Next Meeting: March 1, 2022 7:15 PM