

Silicon Valley Intergroup

December 7, 2021

7:15-8:15 PM

Join Overeaters Anonymous Silicon Valley Zoom Meeting

<https://us02web.zoom.us/j/84041854878?pwd=U3ZidVUxZ1dtc2syRjZBcHhQMzBCdz09>

or

Dial by your location +1 408 638 0968 US (San Jose)

Meeting ID: 840 4185 4878 Password: 700006

Opening: Serenity Prayer, Statement of Purpose, Step of the Month, Tradition of the Month, Concept of the Month, Voting Policy, and Introductions

Members Present: 11

Approval of Minutes: Approved

Chair: Salle

Vice Chair:

Treasurer: Bruce G:

Starting Cash	\$12,029.28 (Total Balance)
Group Donations	\$ 590 (\$375 group, \$215 individual)
Expenses	\$3889 (\$200 monthly web maintenance, \$2767 WSO \$922 R2)
Ending Balance	\$8,730.28

Secretary: Celia (as of this meeting)

New and returning members: Karen (Monday 11 am online meeting, formerly the Milpitas meeting-new) Susana (Spanish speaking meetings-returning)

Public Information: Francine. This is her last meeting as PI/PO coordinator. No successor has volunteered to succeed Francine at this time, someone needed to step up at this time. Francine will continue to maintain the website. Francine has received presentation requests which she will pass on to next PI/PO coordinator. Abstinence, somewhat of a healthy weight, having worked the steps, and knowledge of traditions are important because of making public presentations.

Info about PI/PO Committee work can be found at: <https://oasv.org/pi-po-committee/>

For access to the PI Resource List: <https://oa.org/app/uploads/2021/08/public-information-resource-list.pdf>

Region 2: Terry unable to update the bi-laws. She is having a hard time navigating the WSO site. Plans to provide Part 2 of her Region 2 Assembly notes in January.

World Service: No new news. Comment from Terry about challenge in navigating the WSO website. Request that workshop be proposed to virtual region or WSO to assist with website navigation.

Website: OASV blog appeared as #1 on a Google search using "Bulimia" thanks to infusion of content from Francine who has been writing many blogs. Would like more people to write blogs. Francine is also interested in adding Tik Toc style videos. Goal is to have more input and traffic from our own fellowship. Please spread the word and point people to our blogs.

Conversation occurred about getting podcasts online as quickly as possible. There is a backlog.

Temporary Sponsorship: The position of chair is still open. This person should attend multiple meetings and get to know people with long-term abstinence in order to make connections for temporary sponsorship.

Activities: Gabriel was not present so could not report on November 20 Zoom event.

Workshop Series: Zoom bombing prevented December workshop on the 10th step from being held. It is postponed until February 12 (Working the 10th Step). Zoom link was this, including it here in case it remains as nothing was said either way, <https://us02web.zoom.us/j/89071926935?pwd=aGRDRDFyZWZORno4dEk0aGtZdFY3Zz09>.

Zoom Bombing Update: Recommend that hosts read the information published here, <https://bit.ly/OASVzoomsecurity> - this went out in the most recent newsletter as well. At minimum everyone should make sure they are upgraded to the newest version of Zoom as there is a 2-way communication feature that allows the host to speak to those in the waiting room. Consensus is to require that all members upgrade their Zoom version to 5.8.0 or later by 1-1-22 in order to attend meetings (2-way communication enables host to interview people in the waiting room). Francine will include this encouragement in a mailing she plans to send out via the PI/PO mail chimp account she has.

Silicon Valley Intergroup

December 7, 2021

7:15-8:15 PM

Join Overeaters Anonymous Silicon Valley Zoom Meeting

<https://us02web.zoom.us/j/84041854878?pwd=U3ZidVUxZ1dtc2syRjZBcHhQMzBCdz09>

or

Dial by your location +1 408 638 0968 US (San Jose)

Meeting ID: 840 4185 4878 Password: 700006

Meeting hosts/secretaries should consider using the waiting room, separate Zoom room for someone to determine if person is a legitimate OA person and then pass them to the proper meeting.

Mail: Mernoosh. Has passed on whatever mail received to Bruce (not very much comes in the mail but she passes on what is available. Mernoosh had a question about how to respond when Zoom bombing occurs and wondered if there was any information available (Frank reminded that information recently distributed on the alias for how to respond).

Newcomers: Frank. No emails to newtOA@oasv.org in November, one email to newtOA@oasv.org in December as of meeting date this month. In November, Frank received one voicemail to the OASV Courage Line followed immediately by a direct call from the same person. (Francine received 4 direct calls.)

Virtual Region Convention: February 18-20. Information about this went out in recent newsletter.

12 Step Within: On 12/12, remember to make outreach calls to people we have not seen for a while.

Email newsletter: Carey not present so no report but Terry happy to take a message.

Group Introductions: If time allows. We heard from Susana who was happy to announce 2 new virtual meetings, one in Portugal and one in Paris. There are also a few in person meetings in OASV that are Spanish speaking and her group was able to fulfill literature orders from around the country thanks to the help of OASV.

Open Service Positions: To express interest or learn more, attend an Intergroup meeting on the first Tuesday of the month, 7:15 pm. The next meeting, on November 2, will be via Zoom. See Francine's doc for description.

- Vice Chair
- R2 Representative
- Temporary Sponsorship Matching. Respond to telephone requests for temporary sponsors and find someone to match individual requests. Sponsor list at meeting level.
- Website Master. Communicate requested changes to the website to the website service (Sure Exposure) provider. Track provider's time commitment and prioritize updates.
- Speaker List.
- Workshop coordinator
- Promotions/Marketing Coordinator. Help carry the message about Workshops and other activities through various methods and media.
- PI/PO chair will be open; Francine stepping down. Content about the position on the website.

Attracting service volunteers: Job descriptions on the website.

Closing: "I put my hand in yours..."

Next Meeting: January 4, 2022 7:15 PM