

OA SERENITY RETREAT

hosted at Villa Maria Del Mar in Santa Cruz, CA



JOIN US!

A BODY IMAGE WORKSHOP

Eye of the Beholder: Through Whose Eyes Do You See Your Body?

THIS RETREAT INCLUDES:

- A beach front location
- Healthy, abstinent meals
- Rest and relaxation time
- Connection and fellowship
- Guided meditation (optional)
- Leisure afternoon break

<u>SINGLE AND DOUBLE OCEAN</u> <u>VIEW ROOMS</u> ARE LIMITED SO SIGN UP EARLY!

REGISTRATION:

Registration opens on **April 24th at 8pm** PST. Go to https://www.eventbrite.com/e/oaserenity-retreat-2024-registration-544840642027_to save your spot!

Eventbrite fees are not included

This retreat is sponsored by the Silicon Valley Intergroup and open to OA members only